

## SERVICE AREA



### CIMC Elders Program Services are available at:

1. Berry Creek Rancheria
2. Big Sandy Rancheria
3. Big Valley Rancheria
4. Chico/Mechoopda Rancheria
5. Cold Springs Rancheria
6. Coyote Valley Reservation
7. Enterprise Rancheria
8. Fort Bidwell Reservation
9. Mooretown Rancheria
10. North Fork Rancheria
11. Pauma Reservation
12. San Pasqual Reservation
13. Santa Ysabel Reservation
14. Scotts Valley Rancheria
15. Susanville Rancheria
16. Upper Lake Rancheria

### *The CIMC Movement:*

*Creating Positive Change  
for Native Communities*



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CIMC

### AoA

Administration for  
Community Living /  
Administration on Aging  
**Elders Program**



### CALIFORNIA INDIAN MANPOWER CONSORTIUM, INC.



## ADMINISTRATION

The California Indian Manpower Consortium, Inc. (CIMC) administers six grants funded through the U.S. Department of Health and Human Services, Administration for Community Living / Administration on Aging. The grants for the Elders Program are authorized in Title VI of the Older Americans Act.



*Our Nutrition program is designed to provide a*

*comprehensive and coordinated system of supportive and nutritional services for eligible Indian elders. Each service responds to locally identified needs and improves the quality of life of the elders.*

### SERVICES

- Congregate Meals
- Home Delivered Meals
- Information and Assistance
- Physical Fitness
- Recreation

### BENEFITS

- Improve Nutritional Status
- Reduce Isolation through Social Interaction/ Visitation
- Improve Quality of life
- Promote Independence

## ON

### THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

The enactment of the Older Americans Act Amendments of 2000 (Public Law 106-501) established an important new program, the National Family Caregiver Support Program. The Program was developed by the Administration on Aging of the U.S. Department of Health and Human Services. It calls for all States, working in partnership with area agencies on aging and local community service providers to have five basic services for family caregivers including:

1. Information to caregivers about available services
2. Assistance to caregivers in gaining access to services
3. Individual counseling, organization of support groups, and caregiver training to caregivers to assist the caregivers in making decisions and solving problems related to their caregiver roles
4. Respite care to enable caregivers to be temporarily relieved from their caregiving responsibilities
5. Supplemental services, on a limited basis, to complement the care provided by caregivers

## AGING

### CAREGIVER SERVICES

#### PERSONAL SERVICES

- Bathing
- Dressing
- Eating
- Mouth Care
- Skin Care
- Toileting
- Grooming
- Hair Care
- Bed Making

#### HOMEMAKER SERVICES

- House Cleaning
- Meal Preparation

#### CHORE SERVICES

- Heavy Cleaning
- Yard Work Maintenance

#### TRANSPORTATION

- Medical Appointments
- Shopping for Food / Clothing
- Obtain Medical Supplies
- Purchase and Maintain Household Items
- Other Errands

